

COURSE NUMBER: PHA 393

COURSE TITLE: APhA Institute on Substance Use Disorders

SEMESTER HOURS: 2

REQUIRED/ELECTIVE: Elective

PREREQUISITES: Enrollment in the American Pharmacists Association (APhA) Institute on Substance Use Disorders (SUD).

CATALOG DESCRIPTION:

This course is open only to students who attend the APhA Institute on SUDs. The Institute addresses the causes of addiction as it relates to alcohol and illicit drugs including prevention and treatment strategies. Special emphasis is given to the disease concept of these disorders, morbidity and mortality, 12-step programs, and the impact of alcohol and illicit drug use on society. Students will learn how to provide appropriate assistance and support to patients affected by substance use disorders.

GRADING MODE:

In order to receive credit, students must enroll in this course directly through Creighton University after they have been accepted and enrolled in the APhA Institute. Then they are to do all the following:

- Participate in all required pre-APhA Institute activities and webinars.
- Attend every student session at the APhA Institute – a university credit or Continuing Pharmacy Education code will be provided during each required session.
- Complete and submit the onsite attendance form with the provided attendance codes after the Institute is over for each student session to verify attendance.
- Complete the online assessment for each session.

After attending the APhA Institute, students must complete and submit a Final Reflection Paper. (See “Grading Scale” below.)

INSTRUCTIONAL METHODS:

Lecture is the primary instructional method. In addition, attendance at daily 12-step meetings, small group discussions, role-playing, and a final reflection on these experiences will play an integral role in the APhA Institute.

MEETING TIMES:

The APhA Institute runs for four to five days and is held at the University of Utah in the University Guest House and Conference Center. Students must attend all required sessions.

INSTRUCTOR(S):

There are between 20 and 25 speakers during the APhA Institute.

Edward M. DeSimone, II, R.Ph., Ph.D., FAPhA, is the Instructor of Record as it relates to elective credit. He will verify attendance, read all reflection papers, and provide the students' grades for the APhA Institute participation.

JUSTIFICATION:

Pharmacists have frequent contact with patients who have an SUD or are struggling with loved ones who are afflicted by this disorder. Pharmacists, their loved ones, and other health professionals may have these same experiences. In order to interact effectively with and assist anyone dealing with an SUD, pharmacists and other health professionals must have an understanding of the disease of addiction and substance use disorders, its impact on the individual and society, and the various treatment options available.

COURSE OBJECTIVES:

Course Objective At the completion of this course, the student will be able to:	Educational Outcomes & Learning Objective	Educational Activities and Assessment Measures
1. Define addiction and explain its acceptance in the medical profession as a disease	1.1 1.3 1.4	Lecture Assessment questions Reflections
2. Describe and participate in 12-step programs and other programs available to assist those who want to be free from addiction	2.1 4.1 6.3 6.4 6.5	Lecture 12-step meetings Reflections
3. Design intervention strategies and techniques to help others break through the denial of chemical dependency	4.1 5.1 5.3	Lecture Assessment questions Group discussions Reflections
4. Given a scenario, design a treatment plan for acute toxicity, withdrawal, and the addiction itself	2.1 2.3 4.2	Lecture Assessment questions Reflections
5. Develop strategies to assist recovering abusers re-enter the pharmacy profession and recommend ways to monitor them and help them avoid relapse	7.3 7.4	Lecture 12-step meetings Group discussions Reflections
6. Summarize the legal and ethical implications of addiction	1.3 4.1	Lecture 12-step meetings Group discussions Reflections

REQUIRED COURSE MATERIALS:

Materials provided by presenters and APhA

Required text: None

Suggested text: None

GRADING SCALE:

A, B, D

Students will self-select a grade of either an "A" or "B" depending on the depth of the Final Reflection Paper they are willing to pursue. Each student will list the intended grade at the top of the Final Reflection Paper as outlined in the Grading Components and Major Assignments shown below.

GRADING COMPONENTS & MAJOR ASSIGNMENTS:

After the APhA Institute is over, each student shall write a reflection paper on his/her experience. The guidelines for the paper format will also be posted on the course Blueline website. The topics to be addressed are listed below:

Format: (Center)

Your Name
College/School
e-mail
APhA Institute Reflection
Grade desired (**A** or **B**)

Page:

12-point type

1" margin all around

Include the headers listed below for each section

Grade of "B":

Header: New Concepts

- With bullet points: **list** five new concepts, ideas, techniques, new philosophy or new strategies that you learned during the APhA Institute.

Header: Addictive Disorders/Pain

- Discuss the main concepts that you learned regarding "addictive disorders" and "pain management.

Header: 12-Steps

- Describe and discuss the two major things you learned from the Alcoholics Anonymous Meeting, Al-Anon Meeting, and Narcotics Anonymous Meeting. Describe any feelings that you experienced as well.

Header: Intervention/Treatment

- Discuss the main concepts learned concerning "interventions", "working with patients in pharmacy practice settings", and "treatment".

Header: Perspective

- Describe how what you learned at the APhA Institute changed your perspective on substance use disorders.

Header: Experience

- Evaluate the quality of your experience at the APhA Institute (positive and/or negative).

Header: Changes

- Suggest ways (if any) in which the APhA Institute can be improved.

Grade of "A":

All the Grade "B" requirements outlined above plus:

Header: Session Evaluation

- Write about a session/topic that took place at the APhA Institute. What was it about and what did you learn?

Header: Single Experience

- Identify the single experience or learning at the APhA Institute that made the greatest impression on you and why?

Header: Future

- Based on what you learned at the APhA Institute, describe what you will do in the future to address the problem of addiction and substance use disorders.

The reflection paper must be uploaded on the assignment tab of the Blueline course website no later than midnight July 1st

COURSE POLICIES:

Students must meet all the requirements spelled out in "Grading Mode" above. Each student must upload the "Reflection Paper" on the course Blueline web page by midnight July 1st. Any student who does not complete all the reflection paper requirements or fails to upload the paper by the July 1st deadline shall receive a grade of "D".

There are no refunds of the course registration fee once the Institute begins in-person.

COURSE TOPICS:

Due to the constantly changing understanding of addiction and substance use disorders, the topics covered at the APhA Institute change with the body of knowledge. Recurring and recently discussed topics include the following.

Pre-Institute Webinar topics:

- APhA Institute Pre-Meeting Webinar
- Introduction to the 12-steps and Alcoholics Anonymous

Live presentations -

- The Self in Shame: Healing the Wounds of Substance Use Disorders
- Opening Session: The APhA Institute Experience
- Participation in Alcoholics Anonymous, Narcotics Anonymous, Al-Anon, and 12-step meetings
- Understanding the Neurobiology of Substance Use Disorder
- Healing the Body and Mind: The Mental Health State of Substance Use Disorder
- Suicide, Substance Use, and Survival
- Addiction and the Vulnerable Self: Practicing Self-Care in Recovery
- Syringe Services Programs: Boon or Bane for Communities?
- The Dos and Don'ts of Pain Management in Recovery
- De-escalating, Discontinuing, and Deprescribing Opioids
- Case Study of a Pharmacist (in recovery)
- Forensic Toxicology: Analysis of Drug Overdosage
- Family Matters: Understanding and Addressing the Impact of Addiction on Family
- Don't 'Just Say No': Preventing Diversion and Addressing Medical Needs
- Legalized Cannabis: New Challenges for Pharmacists
- Caring for Patients with Substance Use Disorders: Tools That Make a Difference
- You Think You Know What to Do When a Loved One Needs You
- Generation Rx Workshop
- Developing Positive Personal Power